

Consultório Medico – RAOMD Primary Care

Internal Medicine, Geriatrics and Pulmonology

Dr. Rafael Almeida de Oliveira
Dr Airton Borges de Oliveira

USA trained (Double Board certified), English speaking, Panel Physician for Canada (CIC), Australia (DIBP) and New Zealand (INZ)

“ I have no digestive symptoms! When is the time to screen for intestine cancer (colonoscopy)?”

- We'll let you know, according to your profile, which and when to do the preventive screening tests - **Secondary prevention** is the detection of early asymptomatic disease or risk factor, through periodic medical evaluation

“What can I do to decrease my risk of heart attack or stroke?”

- We'll assess your risk and tailor recommendations to decrease your chance for a cardio vascular event – **Primary prevention**

“ I want my memory great for many years”

- After a **Comprehensive Medical Evaluation**, you'll learn how to diminish your chances to mental decline

“I feel fine! Should I have a medical evaluation?”

- The (2015) US Preventive Services Task Force (USPSTF) recommend yearly physical exam for adults with risk factors. Adults with no risk factors should be rescreened every three to five years - **Primary prevention** are interventions to keep disease from occurring, that includes behavioral counseling, immunization among others

“ I would like an english speaking doctor that knows about my health”

“ I would like a generalist, geriatrician to go over my medications, and evaluate the real need of them”

- Your primary care MD cannot guarantee 24 hours access, but you'll have his personal cell phone number and email. Your primary care MD have 24 hour access to your medical records and can make home or hospital visits if needed. He'll coordinate and make recommendations for your chronic physical or mental conditions - **Tertiary prevention** describes clinical activities that prevent deterioration or reduce complications after a disease has declared itself

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In order to provide a personalized patient-family centered care, our office offers is located in a secure and luxury building, valet parking available, more comfortable rooms, handicapped access and more technology to keep a peaceful and enjoyable atmosphere.

Address: SGAS 915 (915 Asa sul) Conjunto "O", Lote 68/A
Edifício "Advance 2" - Sala S1. 22 (sala 22, no subsolo 1).
Cidade: Brasilia CEP:70.390-150

- Reference: driving from North to South, to reach 915 sul, turn right just the "pyramid of LBV" (*Legião da Boa Vontade*)
- **UBER or WAZE App:** Simply write "SGAS 915 Advance 2nd"

For Appointments: e-mail: contato@raomd.com.br
Telephone: 3245 3133 WhatsApp / Text: 99964 0029
Website: www.raomd.com.br
If you prefer, you can call the doctors directly

Parking:

- I. **Public Parking** in front of our building *Advance 2*

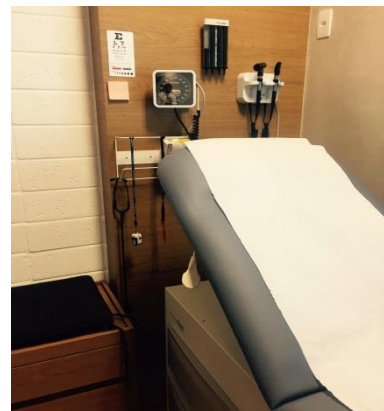
- II. **Valet Parking AUTO VIP ASSISTANCE** in front of Building *Advance 2* - Bring the parking ticket to the consultation and **we'll validate it**
***Elderly or handicapped patient:**
 - a. Drive your car down the hill to the *Advance 2 building garage*)
 - b. Before entering the garage, turn right to the drive way. You are now in an open space but underground 2 floor, in front of the Main Reception for the building *Advance 2*. Park you car and ask the building receptionist to call the valet parking employee to come pick up your car
 - c. AUTO VIP ASSISTANCE will park your car at the underground garage of the building. This company is responsible for your car according to their rules presented to you

- III. **Private parking** next to (north of) the *Advance 2 Building*

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Airton Borges de Oliveira, MD

- Double Board Certified in Internal Medicine Board Certified by American Board of Internal Medicine ABIM - USA and Pulmonology Board Certified by the American Board of Pulmonology USA
- Internal Medicine, The Brooklyn Jewish Hospital 1973-1976
- Geriatrics, The Brooklyn Jewish Hospital 1976-1978
- Specialist in Internal Medicine and in Pulmonology by the Conselho Federal e Regional de Medicina – Brazil
- Post Medical advisor USA Embassy Brasilia
- International Panel Physicians Association
- Panel Physician for the Immigration Department of Canada (CIC), Australia (DIBP) and New Zealand (INZ)
- Fellow of the American College of Physicians
- Member of the European Respiratory Society

Cell phone #: 61 99981 3013

e-mail: airtonborges3@gmail.com

Rafael Almeida de Oliveira, MD

- Double Board Certified in Internal Medicine and Geriatrics - American Board of Internal Medicine ABIM – USA
- Internal Medicine, Saint Agnes Hospital Baltimore 2008-2011
- Geriatrics, University of California Los Angeles UCLA 2011-2013
- Specialist in Internal Medicine and in Geriatrics by the Conselho Federal e Regional de Medicina – Brazil
- International Panel Physicians Association
- Panel Physician for the Immigration Department of Canada (CIC), Australia (DIBP) and New Zealand (INZ)
- Member of the American College of Physicians
- Member of the American Geriatrics Society

Cell phone #: 61 99985 9647

e-mail: rafael@raomd.com.br

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Programs Provided – Patient Care

1. **Primary Care:** for young middle aged and old adults
 - a. **Comprehensive Medical Evaluation**
 - i. Covers physical, emotional and psycho social aspects of your health.
 - ii. **Vaccination** recommendations
 - iii. We'll lead and coordinate the care for you chronic conditions
 - iv. **Periodic Physical evaluation** We'll let you know your current condition and how often you should be evaluated, including screening tests recommendations for asymptomatic patients
 - ✓ Patients have free access through email and cell phone to the doctors for more urgent issues
 - ✓ **Panel of Specialists** for referrals when needed

2. **Urgent Call Consultations**
 - a. At the doctor's office, at the patient's home, or at the Hospital (patients admitted)